

World Wide Web Address: <a href="http://lomaprieta.sierraclub.org/pcs/">http://lomaprieta.sierraclub.org/pcs/</a>

# **General Meeting**

**<u>Date</u>**: February 13, 2007

**Time**: 7:30 pm

Where: The 'Summit Room'

Sports Basement 1177 Kern Ave.

Sunnyvale, CA 94085

**Program:** Black Divide Cross-Country Trek

**Presenter**: Lisa Barbosa

In the summer of 2006, we climbed 6 peaks in as many days on a cross-country trip deep in King's Canyon. Join us as we show how we climbed Black Giant, Charybdis, a 3rd class traverse of McDuffie's north face with full packs, then on to do Wheel, and Devil's Crag, and a bonus peak as well. We camped in snow, carried a short length of rope, successfully climbed Devil's crag with rope to spare.



**Charybdis From Camp at Lake 11828** 

<u>Directions:</u> This is the old Frys building on Lawrence Expressway.

From 101: Exit south at Lawrence Expressway. Right on Kern Ave. If coming north on Lawrence make a U turn at Oakmead Pkwy, then go right on Kern Ave.

## **PCS Shopping Spree – Feb 13**

Good News – we are having a Shopping Party at the Sports Basement before February's regular monthly meeting. That means free beer, snacks and a 20% discount on anything in the store. The party will be on Tuesday February  $13^{th}$  from 6-7:30 p.m. and will be immediately followed by our monthly meeting, from 7:30-9 p.m.

To participate just come and identify yourself as a PCS member when you enter the store.

If you haven't been to the Sports Basement before, they have just about everything you need for hiking, biking, running, snowboarding, camping and all things outdoors. Plus their prices are already 30-60% below retail so this will be a very good night to save money on all your sporting needs.

## **Trip Planning Meeting – Feb 21**

Meet at Lisa's Wednesday February 21 at 7:00 PM 4382 Moran Drive, San Jose, CA. Bring beverages, snacks. We'll provide the Pizza.

Leaders, bring your trip ideas. All are welcome. We'll be using late 20th century equipment to keep us on the same page.

# **PCS Trips**

# Pyramid, Dick's Peak Snow Camping - Snowshoeing

Peak: Pyramid Peak 9983, Dick's Peak 9974

Dates: March 2-4, 2007 (Thu-Sat)

Maps:

Leader: Lisa Barboza (pcs-vice@att.net)

This is a 3 day snowcamping and climbing trip to the Desolation Wilderness area just west of Lake Tahoe. We'll go in through the SNO Park near Echo Lakes, camp above Lake Aloha near Mosquito Pass and attempt Pyramid on Saturday, Dicks on Sunday and snowshoe out to the trailhead. Participants must be skilled in snow camping and winter travel on snowshoes or skis. Ice axe and crampons are recommended. Bad weather cancels. Co-leader needed.

## Mt Silliman Ski Trip

Peak: Silliman

Dates: March 9 or 23, 2007

Maps:

Leader: Tim Hult (408-970-0760)

# Winter Backcountry Ski Trip: Sugar Bowl to Squaw Valley

Peak:

Date: March 31, 2007 (Saturday)

Maps:

Leader: Tim Hult (408-970-0760) Co-leader: Stephane Mouradian

Meet in the parking lot of Sugar Bowl ski area at 7 am (before the lifts open), ski up the ski hill to Mt. Lincoln then traverse the spectacular ridge between there and The lifts at Shirley Lake at Squaw.

This is a FULL day trip suitable only for those that are advanced skiers with route finding and survival skills. Avalanche beacons are a must as are shovels for each member of the party, headlamps (with fresh batteries) and ski skins. Wide metal edged alpine touring

(Randonee) skis or Telemark skis are mandatory (no snow shoes).

The plan is to stay at Tim's ski lease (a small hut fee applies) on Friday night. Others may make their own arrangements in Truckee.

Poor snow conditions or high winds cancel the trip. Maximum 6 people.

## Ritter & Banner

Peak: Ritter & Banner Dates: June 15-18, 2007

Maps: Ansel Adams Wilderness

Leader: Lisa Barboza (pcs-vice@att.net)

This will be a snow climb of the easiest routes on Ritter and Banner. TH will be Agnew Meadow unless snow conditions prevent us from using the bus (Otherwise, we'll have to hike in from Mammoth Ski resort. Friday, we'll hike in from Agnew Meadow, up to Lake Ediza and camp above the lake. Depending on the snow year, expect to snow-camp. Ice-axe and crampons are required, helmet as well. We'll attempt Banner on Saturday, Ritter on Sunday, hike out Monday 6/18. Trip limited to 6 climbers. Carpool from San Jose area. Contact Lisa for details.

## Red 11699, Gray 11573, Merced 11726

Peak: Red, Gray, Merced Dates: July 13, 2007

Maps:

Leader: Lisa Barboza (pcs-vice@att.net)

Co-leader: Louise Wholey (louisewholey@yahoo.com)

We're planning a fun fast and light backpacking climbing trip into the south side of Yosemite National Park. We'll leave from Mono Meadows trailhead, backpack in to Ottoway Lake, and attempt Red, Gray, and Merced Peaks. These peaks are 2nd class on our routes.

Open to experienced backpackers and climbers, it's a long way in to our first night's camp, about 15 miles. Accordingly, this is a light and fast trip. Carry enough food and gear for 4 days of hiking and climbing in the Clark Range of Yosemite National Park. Plan to be at the trailhead on Wednesday July 12 evening for an early start.

## Piute, Petit, Volunteer

Peak: Piute, Petit, Volunteer

Dates: July 27, 2007

Maps:

Leader: Tim Hult (408-970-0760)

This is an exploration of the beautiful wilderness of Northern Yosemite. Hike in from Tuolumne Meadows to reach these CL2 Peaks. We'll attempt these peaks at the height of the climbing season, but be prepared for mosquitoes. Contact Tim Hult or Lisa Barboza.

#### **Forester and Ansel Adams**

Peaks: Forester and Ansel Adams

Dates: July 2007 (TBD)

Maps:

Leader: Lisa Barboza (pcs-vice@att.net)

Co-leader: Louise Wholey (louisewholey@yahoo.com)

Details will be forthcoming on this trip.

## Davis, Electra, Rodgers, Forester

Peak: Davis, Electra, Rodgers, Forester

Dates: September 1, 2007

Maps:

Leader: Tim Hult (408-970-0760)

## Virginia, Twin Peaks, Dunderberg

Peak: Virginia, Twin Peaks, Dunderberg

Dates: September 7, 2007

Maps:

Leader: Tim Hult (408-970-0760)

### **Basic Wilderness First Aid**

When: March 10, 2007

Where: Peninsula Conservation Center, Palo Alto

Cost: \$52

Coantact: Bruce Rienzo, bruce@oatc.com

The following description is from the web site

http://lomaprieta.sierraclub.org/basic\_wilderness\_first\_aid.html

The Loma Prieta Chapter is sponsoring an 8-hour Basic Wilderness First Aid class on Saturday, March 10, from 8:30 AM to 5 PM, at the Peninsula Conservation Center in Palo Alto. This class meets first aid requirements for most outings leaders. (This class is not sufficient for those leaders who are required to have 16-hour Wilderness First Aid.)

Packed full of interactive hands-on skills and scenario practice, it is designed to prepare leaders to recognize and avoid wilderness hazards and do first aid outdoors with whatever equipment is available or can be improvised. Topics include hypothermia and frostbite, altitude, sunburn, lightning, hazardous animals and plants, bites and stings, assessing and treating injuries, wilderness medical emergencies, and first aid kits.

Instructor Steve Donelan has been training Sierra Club leaders in wilderness first aid for over 20 years, is chair of the Wilderness Emergency Care program which he developed for the American Safety and Health Institute (ASHI), teaches Outdoor Emergency Care and Mountaineering for the National Ski Patrol, is an editor for the Wilderness Medical Society's journal, and runs a lecture series on wilderness medicine at the UCSF Medical Center.

Cost for the class is \$52 and includes Mr. Donelan's Wilderness Emergency Care textbook and national BWFA certification from ASHI, valid 3 years.

For further information, contact Bruce Rienzo at 408-253-1514 or bruce@oatc.com To register, send a \$52 check payable to Loma Prieta Chapter of the Sierra Club, along with your telephone number and email address, to Bruce Rienzo, 10225 Danube Dr., Cupertino, CA 95014.

Space is limited and registration should be completed before March 2. After this, the next BWFA class is tentatively scheduled for September.

## **Wilderness First Aid Course**

When: May 12-13, 2007, 8 AM to 5 PM

Where: Peninsula Conservation Center, Palo Alto

Cost: \$90

Coantact: Tom Morse, 650-593-5123

tripbtom@aol.com

The Loma Prieta Chapter is sponsoring a 16-hour wilderness first aid course taught by Bobbie Foster of Foster Calm. Bobbie's class comes highly recommended by the many PCS members who have taken it. The 16-hour class is very appropriate for PCS activities, and is <u>much</u> better than standard first aid courses. It's time and money well spent. Early sign-up is recommended.

Bobbie will also be teaching WFA several other weekends in March (10-11, 24-25 and 31-4/1) locally, but not sponsored by the Sierra Club. If the May class doesn't work for any of your leaders, they can sign up for one of her other classes. Information is at http://www.fostercalm.com and bobbie@fostercalm.com

#### **Other Wilderness First Aid Classes**

The best source of training for "first aid" in the wilderness is <a href="www.fostercalm.com">www.fostercalm.com</a>. Most first aid classes expect the trainee to have quick access to medical support using the telephone. In the backcountry that simply does not work! We all need to be able to take care of our fellow climbers. These courses can help all of us.

Bobbie Foster, bobbie@fostercalm.com, is a great teacher. She is conducting WFA several weekends in March [10-11, 24-25, 31-4/1].

#### **National Parks Passes**

Beginning January 1, 2007, the National Park Pass and the Golden Eagle Pass were discontinued and replaced with new America the Beautiful passes. The passes provide access to and use of NPS, USDA FS, FWS, BLM and Reclamation sites which charge an entrance or standard fee for one annual fee. New rates for the America the Beautiful Pass are \$80 for 12 months and \$10 for seniors.

#### Pass Program Name

America the Beautiful - The National Parks and Federal Recreational Lands Annual Pass

Who is it for?

Anyone can purchase the pass.

How do I get one?

Order online at store.usgs.gov/pass or 1-888-ASK-USGS

Available at most NPS, USDA FS, FWS, BLM and Reclamation staffed recreation sites that charge fees.

Available at approved retail locations throughout the US.

What benefits do I get and where can I use it?

Access to, and use of, NPS, USDA FS, FWS, BLM and Reclamation sites that charge entrance or standard amenity fees.

Who will be admitted and what else do I need to know?

Admits the pass holder and any accompanying passengers in a private vehicle.

\* In those areas where a per person fee is charged, the pass admits the pass holder and 3 additional adults.

Hangtags and Decals are available.

For more information -

http://www.recreation.gov/recpass.jsp

#### **Banff Film Festival**

The Banff Mountain Film Festival World Tour Comes to the Bay Area!

Tickets go on sale February 15-for the Berkeley shows at REI Berkeley\*, Concord and Fremont; for the Los Altos show at REI Mountain View\*, San Carlos and Saratoga; for the San Francisco shows at REI San Francisco\*; for the San Rafael show at REI Corte Madera\*; and for the Santa Rosa\* show at REI Santa Rosa. Will-call tickets will be available any time through the host store (with asterisk) or venue box office-for designated venue only.

Ticket cost: \$13 for REI members (if purchased in advance at REI); \$16 for nonmembers, will-call, and for tickets purchased at the door. Doors will open at 6:30 pm for open seating. For additional details, call any Bay Area REI Customer Service Department after February 15.

#### Dates/venues

7 pm, Thursday, March 15, Eagle Theater, Los Altos

7 pm, Friday, March 16, Wells Fargo Center for the Arts, Santa Rosa

7 pm, Monday, March 19, Marin Center, San Rafael

7 pm, Tuesday & Wednesday, March 20 & 21, Cowell Theatre, Fort Mason, SF

7 pm, Thursday & Friday, March 22 & 23, Wheeler Auditorium, UC Berkeley

Location: Varies

Contact: REI Bay Area Customer Service

Cost: \$13 for REI members (if purchased in advance at REI); \$16 for nonmembers, will-call, and for tickets

purchased at the door.

## **Private Trips**

Private trips are not insured, sponsored, or supervised by the Sierra Club. They are listed here because they may be of interest to PCS members. Private trips may be submitted directly to the editor.

#### For the following trip listing, please contact:

George Van Gorden, , 408-779-2320, vangordeng321@aol.com

Arun Mahajan, 650-327-8598, arun.mahajan@att.net

•Date: March 18, 2007 (Sunday)

•Peak: Round Top 10381

Day hike on snow, ice-axe, crampons, skis or snowshoes

Skis with skins or snowshoes needed for the approach and ice-axe and crampons for the summit area. Meet at 8am at Carson Pass Sno-Park on Highway-88. To park there you will need a sno-park permit.

Call/email to sign up. Must have experience with ice-axe and crampons.

#### For the following trip listing, please contact:

Jeff Fisher 408-733-1299, jeff\_fisher\_5252@sbcglobal.net

Rick Booth, rwbooth@comcast.net

•Date: April 21-22, 2007

•Peaks: Pinnacles

Climbing hiking and or biking. Class 1-5, you choose. Come down for a weekend of climbing or if you prefer hiking or biking. There will be climbers of varying abilities.

We will reserve a group campsite. Cost is usually about \$8 per person. Shoes, harness and helmet needed if you are going to be climbing.

#### For the following trip listing, please contact:

Bob Suzuki, <u>suzukiR@sd-star.com</u> Linda Sun, <u>lindasun@sbcglobal.net</u>

•Date: June 9-11, 2007 •Peaks: Mount Ritter 13,143

• Difficulty: class 3, ice axe, crampons

Group size limited to 6. Saturday hike in and camp near Lake Ediza, Sunday bag the peak, either hike out Sunday or Monday, depends on how the group feels.

#### **Elected Officials**

Chair:

Kelly Maas / <u>kellylanda@sbcglobal.net</u> 1165 Smith Ave. Unit D, Campbell, CA 95008 408-378-5311

Vice Chair and Trip Scheduler:

Lisa Barboza / pcs-vice@att.net 4382 Moran Drive, San Jose, CA 95129 650-493-8099

Treasurer and Membership Roster (address changes): Toinette Hartshorne / toinette@pipeline.com 650-556-9497

#### **Publicity Committee Positions**

Scree Editor:

Louise Wholey/ <u>screeeditor@yahoo.com</u> 21020 Canyon View Drive, Saratoga, CA 95070 408-867-6658

PCS World Wide Web Publisher:

Rick Booth / <a href="mailto:rwbooth@comcast.net">rwbooth@comcast.net</a> 237 San Mateo Av., Los Gatos, CA 95030 408-354-7291 **Scree** is the monthly journal of the Peak Climbing Section of the Sierra Club, Loma Prieta Chapter.

Our official website is http://lomaprieta.sierraclub.org/pcs/

#### **Email List Info**

If you are on the official email list (lomap-pcs-announce@lists.sierraclub.org) or the email list the PCS feeds (pcs-issues@climber.org), you have a free EScree subscription. For email list details, send "info lomap-pcs-announce" to "listserv@lists.sierraclub.org", or send anything to "info@climber.org". EScree subscribers should send a subscription form to the Treasurer to become voting PCS members at no charge. The Scree is on the web as both plain text and fully formatted Adobe Acrobat/PDF.

#### **Climbing Classifications**

The following trip classifications are to assist you in choosing trips for which you are qualified. No simple rating system can anticipate all possible conditions.

Class 1: Walking on a trail.

Class 2: Walking cross-country, using hands for balance.

Class 3: Requires use of hands for climbing, rope may be used.

Class 4: Requires rope belays.

Class 5: Technical rock climbing.

Deadline for submissions to the next Scree is Sunday, January 28th. Meetings are the second Tuesday of each month.



Peak Climbing Section, 789 Daffodil Way, San Jose CA 95117